

Sugar-Free Mom

NATURALLY SWEETENED RECIPES FOR THE WHOLE FAMILY

Brenda Bennett



Sugar-Free Mom is a woman on a mission to reduce and eliminate added, processed sugars in her families lives. She focuses on using natural sugars and sugar free substitutes to create healthier versions of popular and beloved recipes. Since 2011, her blog has become the most popular sugar-free source on the web today. She has a devoted following of those looking to simply reduce sugar consumption, many who follow a low carb diet and many who have multiple allergies. Her readers can identify with her as her own children have tree nut, peanut, and soy allergies and she herself has a gluten and dairy intolerance. She is a mom who had to give up sugar, but still wants chocolate working hard to maintain her weight loss. With her 3 children who keep her very busy she strives to balance it all and still provide healthy, homemade meals that don't require too much time in the kitchen.

Website: www.SugarFreeMom.com
E-Mail: Brenda@SugarFreeMom.com

Facebook: 57,508
Twitter: 2,551
Pinterest: 18,848
Instagram: 1,915
Google+: 1,266
Google Analytics(8/2014)
Monthly Pageviews:
419,776
Unique Visitors: 191,672

Featured in: Clean Eating Magazine, Redbook.com, Cooking with Trader Joe's Cookbook, Shape.com, Daily Buzz Food, Dailyburn.com, Babble.com, The Huffington Post.

Brand Affiliations: Daisy Brand, Silk Milk, Sweetleaf Stevia, Wild Blueberry Association of North America, Designer Whey, Quest Nutrition, Swerve Sweetener, Kraft Foods, Dean's Dip, T-Fal Acti-Fry, AETNA, Eggland's Best and McCormick.

Product Reviews/Give Aways: \$350.00
Recipe Development: \$500.00

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